



Residential Aged Care Facilities and Retirement Villages

2008 / 2009 Directory

Disclaimer

Every effort has been taken to ensure the information contained in this directory is accurate. However all information is subject to change.

Retirement villages can be operated by private for profit companies or community based organisations like churches. In most instances, they are resident funded and not government subsidised. Sutherland Shire Council does not endorse or recommend any of the facilities listed in this directory. All the information is subject to change without notice.

Residential Aged Care Facilities and Retirement Villages Directory 2008/2009

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Introduction

Making the transition to a Retirement Village or Residential aged Care is a daunting process not only for the older person themselves, but their family and friends as well. Often, it is not until the need arises that people go searching for accommodation options available to them. An informed decision is best, hence this new directory providing clear definitions about accommodation options, the process which is required to enter such facilities and a list of facilities located within the Sutherland Shire and St George Area.

This directory is divided into 7 sections:

- 1. What is a retirement village, housing for seniors under the Seniors Living Policy and what is residential aged care.**
- 2. Clarifying the seniors housing options myths**
- 3. Five steps to follow when you need to move into Residential Aged Care.**
- 4. Process on how to enter residential care and essential phone numbers.**
- 5. Glossary of terms and frequently asked questions**
- 6. List of residential care facilities located within the Sutherland Shire.**

7. List of retirement villages located within the Sutherland Shire.

1. What is a Retirement Village, Residential Aged Care Facility and housing under the NSW State Government Seniors Living Policy

Retirement Villages

- Are a residential complex usually occupied by persons over the age of 55.
- Are units which comprise self-care or serviced apartments are funded by the residents themselves – there is no government subsidy.
- Residents enter into a contract with the operator. Retirement villages are governed by the NSW Retirement Villages Act 1999.
- Residents usually have access to personal and or nursing care, generally on a fee-for-service basis.
- The daily operation of a retirement village is resident funded; there is no subsidy.
- **The Aged-care Rights Service (TARS) Inc. phone 9281 3600** recommends that prospective residents seek independent legal advice in relation to the village contract

Prior to moving into a village, the prospective residents will be provided with a Disclosure Statement by the operator.

The majority of villages offer either a lease on the premises, or a loan/license agreement, which provides a right of occupancy, in consideration of making a 'loan' of the entry contribution. Thus, one is purchasing a licence to live in a retirement village and a lifestyle.

The money paid under a lease or loan/license agreement, is referred to as the 'entry contribution'. In the majority of contracts, there will be a term that a certain percentage per annum will be deducted from the entry contribution when the resident/s move from the village, or on payment of funds to the executor of their estate. This is referred to as a 'departure fee'. The percentage can vary from village to village

Attached to the resident's contract will be a copy of the Village Rules. The Rules regulate such things as noise, pets, visitors, car-parking, garbage disposal and other matters essential to the good management of the village communal lifestyle.

Residential Aged Care Facility

- is for older people who can't look after themselves and is regulated by the Commonwealth Government.
- Residential Aged Care is for older people who can no longer live at home.
- Reasons can include illness, disability, bereavement, an emergency, the needs of a carer, family or friends, or because it is no longer possible to manage at home without help.
- Residential aged care homes are owned and operated by people or organisations that have the approval of the government to care for you. When it is time to choose your aged care home, you will need to know what types of aged care homes are available in your area, as this may affect the cost and services you receive.
- When it is time to choose your aged care home, you will need to know what types of aged care homes are available in your area, as this may affect the cost and the services that you will receive.
- Residential aged care can be offered as either permanent or short term care.

- **Short Term Care is called – Respite Care.**

What types of Residential Aged Care are available?

Low level care homes (formerly known as hostels) generally provide accommodation and personal care, such as help with dressing and showering, together with occasional nursing care.

High level care homes (previously known as nursing homes) care for people with a greater degree of frailty, who often need continuous nursing care.

If you are unable to continue living in your home or retirement village unit, the **Aged Care Assessment Team (ACAT) ph: 9540 7180** has to assess and approve you before you can move into a residential aged care facility.

If you are having difficulty managing in your own home or retirement village unit the ACAT may be able to arrange a Home and Community Care (HACC) package or Community Aged Care Package (CACP) to provide help around the house.

When entering residential care, depending on your financial circumstances, you may be asked to pay a basic daily fee which is an additional service fee when admitted to a residential aged care facility.

Housing under the Seniors Living Policy

There are currently (3) three types of housing: self care, low care/hostels and residential aged care facilities. These housing types can be developed under the State Environmental Planning Policy for Seniors Living Housing 2004 (SEPP) .

Adaptable Housing

Council's development controls require that 20% (previously 10%) of all residential flat buildings, townhouses and villas in the Shire to be adaptable which will significantly increase self care housing choices for older people.

2. Clarifying the seniors housing options myths

- Don't confuse retirement villages with hostels or nursing homes. Some operators of retirement villages promise guaranteed access to such aged care services – a promise they sometimes can't deliver.
- "Moving into a retirement village should never be seen as an investment. In fact, it can be a very costly exercise" (Choice Magazine, September 2003, page 12).
- Retirement Villages are not part of the aged care system (TARS 2007).
- Retirement villages which comprise of self-care units or serviced apartments are funded by the residents themselves – there is no government subsidy.

3. Five steps to follow when you need to move into Residential Aged Care

Step 1 Assessing your eligibility

To find out if you are eligible for Australian Government support for residential aged care, you will need to be assessed by an Aged care Assessment Team (ACAT). See Glossary of terms for details

Step 2 Finding an Aged Care Home

Once you have been assessed by an ACAT as eligible for residential aged care, you may choose to start looking for your future aged care home. This directory contains a list of aged care homes in the Sutherland Shire.

Step 3 Working out the cost

While the Australian Government helps you with the cost of your residential aged care, by providing funding to aged care homes, it also expects those who can afford it to contribute to the cost. Aged care homes may charge a number of fees and charges, though you may not have to pay all of them. See more detail in glossary of terms below

Step 4 Applying

The Aged Care Information Line on 1800 500 853 provides you with an information booklet that you need to complete. Your carer, family member or friend may complete the form for you if you wish.

Step 5 Moving and settling in

Living in a residential aged care facility will be different from the way that you lived before. Not only is it a new environment, but you are living with many people all under one roof. Each aged care home will have different routines and environments. When you know which home you're going to live in, you may arrange to visit before you move in, to familiarise yourself with the home's surroundings. When you move into residential aged care it can also be an anxious time for your carer, your family or friends. Even if there is a sense of relief that an aged care home has been found, the change and adjustment can also leave you feeling with a sense of loss and disorientation as roles change.

Ring the **Aged and Community Care Information Line on 1800 500 853** and ask for a full version of the steps explained in a booklet called "5 steps to follow when you enter into residential aged care" which is produced by the Australian Government Department of Health and Ageing (2007).

4. Process on how to enter residential care and essential phone numbers

Care of aged people has various components and can be provided in several settings:

- In the consumer's home
- Residential care - nursing homes or hostels – see above the 5 steps to follow when you need to move into an aged care home above.

It should be noted that all subsidised aged care services are subject to assessment for eligibility and fees may be payable. There is no automatic right of access to subsidised care and services. Please contact the Aged care Assessment team.

The Aged Care Assessment Team is a team of health professionals who assesses a person for the level of care they may require in order to receive in-home or residential care. The A.C.A.T Team which covers the Sutherland Shire is based at **South Care, Sutherland Hospital ph: 9540 7540.**

Please refer to Sutherland Shire Council's Seniors' Services Directory for more information of Community Services available in the Shire. Ring 9710 0333.

What does an ACAT do?

- ACAT can approve eligibility for entry into residential aged care, in either **low level care** or **high level care**;
- give you information about residential aged care and home care services in your area;
- help you arrange special **respite care** if this is what you require; and
- approve eligibility for a package of community care to help you
- continue living at home or refer you to other services that will
- help you to continue living at home.

How will I be assessed?

A member of an ACAT will visit you and ask you some questions about your lifestyle and your health needs to help work out the best care option for you. With your approval, your doctor may tell the ACAT member about your medical history. You may want your carer, friend or family member to be present.

When the ACAT member has assessed your needs, she or he may leave you with a copy of a completed assessment, or it may be posted to you, which will tell you whether you are eligible for residential aged care. If you are assessed as eligible, you should keep this copy of the assessment as it is the approval for your move to residential aged care.

How often do I need to be assessed?

ACAT approvals are valid for 12 months from the date the ACAT member signs the assessment form. You will need a new ACAT assessment if you do not move into an aged care home within 12 months of that date, or if your care needs change significantly after you are assessed.

Does the assessment cost anything?

No. ACATs are funded by the Australian Government to provide free assessments.

What should I do next?

If your ACAT has determined that you are in need of residential aged care, either permanently or on a respite basis, you may wish to begin the process of finding an aged care home.

Community Aged Care Packages (CACPs) and EACH packages (Extended Aged Care in the Home) are home-based services subsidised by the Commonwealth Department of Health and Ageing (DH&A). An assessment is needed by an [Aged Care Assessment Team \(ACAT\)](#) and fees are charged for these services.

The national [Home And Community Care \(HACC\)](#) programme funds a range of community organisations to provide services to help people stay independent and living in their own home. There is a fee for HACC services. Examples of HACC services are: Home Care Service of NSW, Meals on Wheels, centre based day care for the elderly.

Examples of types of services available in the home

- Personal care - assistance with showering, oral hygiene, toileting, dressing.

- Nursing care - trained staff can assist with dressings, injections, catheter and colostomy care, dialysis and other medical procedures.
- Housework - assistance is provided with meals, housework, washing.
- Handyperson service - provides basic home maintenance, home modifications.
- Transport - a person can be assisted to attend medical appointments, shopping trips, social outings.

5. Glossary of Terms and Frequently Asked Questions

Ageing in Place:

High and Low levels of care provided in one aged care facility. Generally, residents of these facilities do not need to move to another facility if their care needs increase.

C.A.C.P:

Community Aged Care Package, services equivalent to low level care (previously known as Hostel) provided in the home.

Commonwealth Carelink:

Provides information about and contact details for all HACC (Home And Community Care) and Community Care services in your area

ph: 1800 052 222 (free call).

H.A.C.C:

Home and Community Care, Joint State & Commonwealth initiative which provides funding for services to support older people, people with a disability and their carers to be independent and live at home for as long as possible.

E.A.C.H:

Extended Aged Care in the Home, services equivalent to nursing home level care provided in the home.

High Level Care Homes:

Formally known as Nursing Home Care. High Level Care Homes cater for people with a greater degree of frailty, who often need continuous nursing care.

Low Level Care Homes:

Formally known as Hostel care. Low Level Care Homes generally provide accommodation and personal care, such as help with dressing and showering, together with occasional nursing care.

Residential Respite Care:

Residential respite care provides short term care when you need it and if you intend to return to the community. Respite care can also be provided in your own home or in a respite care centre. Residential respite care may be used on a planned or emergency basis eg; if you are ill, or to help if your carer is absent for any reason such as illness or holidays.

T.A.R.S:

The Aged-care Rights Service Inc. is an advocacy service for residents or prospective residents of aged care facilities, their carers or families, residents of retirement villages, and for people continuing to live in their own homes who are receiving C.A.C.P's or E.A.C.H packages.

ph: 9281 3600.

Finding an appropriate home to meet your needs

The decision to move into full time residential care or residential respite care is a significant one. It is important to choose an aged care home that meets your care needs and preferences.

The best way to find an aged care home that suits you is to visit a range of homes. They are all different, so visiting them will help you to find out what they can offer you, and what the accommodation is like. Aged care homes offer places when they have vacancies. When a vacancy arises, the aged care home makes a decision on who they can accept based on whether or not they can provide for the persons care needs as well as taking into account other business matters.

You are able to apply for as many aged care homes as you wish. When a place becomes available, the aged care home will either contact you or your nominated person. If you wish to accept the place, you should then meet with the homes manager to discuss your resident agreement.

Working out the costs involved

Before you make a final decision about moving into an aged care home, you may wish to check with your own financial advisers and legal representatives. Centrelink provides a free financial information service that may be helpful to you. To speak with a **Centrelink Financial Information Service Officer**, please telephone **132 300** (free call).

If you are a veteran, you may also talk to the financial advisers in the Department of Veterans' Affairs on **133 254** (free call).

The Australian Government helps with the cost of residential aged care by providing funding to aged care homes, but it also expects those who can afford it to contribute to the cost. Aged care homes may charge a number of fees and charges, although a resident may not be eligible to pay all of them.

What if I can't afford to pay?

Residents of an residential aged care facility will not be asked to pay more than they can afford and no resident will pay more than the cost of their care.

The Australian Government has made arrangements to help residents of aged care homes who may experience difficulty in paying for their care. Hardship provisions exist to help residents who have genuine difficulty paying fees and charges.

If you can't afford to pay, these provisions allow your fees and charges to be reduced or waived. In this case, the Government pays a subsidy to the aged care home, so that you can receive the same standard of care as everyone else in Australia's aged care system, regardless of your capacity to pay. Please contact the **Aged Care Information Line on 1800 500 853** to discuss whether you may be eligible to receive this assistance and to obtain an application form. Alternatively, you may wish to send an email to hardship@health.gov.au.

If you are a Veteran or war widow(er), you are entitled to receive the same kind of residential aged care as all other Australians. However, they also have access to the Veterans' Affairs Network, which can provide many kinds of help. For information about the Veterans' Affairs Network (VAN), telephone the **Department of Veterans' Affairs on 1300 551 918**.

What could I be charged?

Residents in aged care can be asked to make two types of payment.

Daily care fees contribute towards your daily living costs, such as nursing and personal care, meals, linen and laundry, as well as heating and cooling. These have two parts: a **basic daily care fee**, and an additional **income-tested fee** for residents who have a higher income.

Accommodation payments contribute towards the cost of your accommodation in an aged care home. You only pay this if your assets exceed an amount set by the Australian Government. This is agreed with your aged care home when you move in and will be *either*: an **accommodation bond**, if you are in low level care, or an extra service place (with low or high level care needs); **or an accommodation charge**, if you are in high level care.

How is my income assessed?

When you move into an aged care home, either Centrelink or the Department of Veterans' Affairs will assess your income so that the Department of Health and Ageing can work out the amount of income-tested fee you could be asked to pay.

What effect will paying aged care fees have on my pension?

Most pensioners will continue to receive the same amount of pension when they enter an aged care home. Married pensioners may each receive a higher rate of pension, under the Government's special 'separated due to ill health' provision, if one or both members of the couple are in aged care. For more detailed financial information, please telephone **Centrelink general enquiries on 13 23 00**.

Applying for Aged Care

If you need more help to understand any of the above information, telephone the **Aged Care Information Line on 1800 500 853** or a **Commonwealth Carelink Centre on 1800 052 222** for help (this is a free call unless you ring from a mobile phone).

6. List of Residential Care Facilities located within the Sutherland Shire and St George Area

Low Care Facilities (Sutherland)

Frank Vickery Village

Phone: 9522 6000 **Fax:** 02 9522 5778

Bellingara Rd (Cnr Port Hacking Rd), Sylvania 2224

Email: fvickeryvillage@wesleymission.org.au

Web: www.wesleymission.org.au

Service Description: Affordable self-care accommodation. Included in the wide range of support services for older people is a 67 bed hostel (low care aged care facility, including 2 respite beds). It is important that those interested in self-care accommodation, now or in the future, contact us, as there is a significant waiting list. A \$200 refundable deposit will secure a position on that waiting list. Applicants for a unit are required to submit a medical report from their doctor, and undertake an assessment interview with our Personal Care Supervisor to ensure their suitability for self-care accommodation.

As well as providing a range of flexicare services to any resident needing them, the Village is funded for, and administers 40 Community Aged Care Packages for the benefit of residents in self-care who need additional support services that can enable them to stay in their own unit for longer.

Hours: Office hours for enquiries 8:30am-4:30pm

Fees: Available (with information kit) on enquiry

Transport: Public bus service at entrance Hurstville/Miranda. Village Shopping buses Tues & Fri

Disability Access: Yes (Ramps, hearing loops, accessible toilet.)

Eligibility: Over 60 years of age, and not in full time employment. Assessed as suitable for self-care accommodation.

Goodhew Gardens / Woolooware Shores

Phone: 9421 5333

2 Alexander Ave, Taren Point 2229

Web: www.wooloowareshores.com.au

Service Description: Assisted living facility in the grounds of Woolooware Shores. Goodhew Gardens offers an innovative approach to care in a comfortable and intimate setting for residents who require additional support. Care available 24hrs a day.

Disability Access: Yes

Eligibility: ACAT assessment needed

Hellenic Village

Phone: 8543 2000 **Fax:** 02 9525 5044

29H Wandella Rd North, Miranda 2228

Email: hv@stbasilshomes.org.au

Web: www.stbasilshomes.org.au

Service Description: Hellenic Village comprises 40 independent living units (ILUs) and 100 ageing in place rooms, each with en suite. There is a secure dementia specific area

Homewood Care Services

Phone: 9502 1800 **Fax:** 02 9150 0696

64 Illiffe St, Bexley 2207

Service Description: Three Licensed private group homes for 4, 5 & 6 people in Illiffe Street and Regent Street Bexley, including those with mild disabilities. Support staff 8am-8pm. No overnight care.

Hours: Information Mon-Fri 9am-5pm

Contact: Manager

Fees: Enquire upon application

Transport: Bus stop close by

Disability Access: Yes (ramps, rails etc)

Eligibility: Determined on a case by case basis. From 18 years.

Referral: Applicants require an Entry Screening Tool

Huntingdon Gardens Aged Care Facility

Phone: 9597 1655 **Fax:** 02 9567 8046

1-11 Connemarra St, Bexley 2207

Email: huntingdon11@bigpond.com

Web: www.huntingdowngardens.com.au

Service Description: General nursing home and hostel.

Hours: 24 hours

Contact: Director of Nursing

Fees: Contact for details

Transport: Close to trains (Rockdale station)

Disability Access: Yes (Parking, ramps, lift, toilets)

Referral: Assessment required from Aged Care Assessment Team

Ibis Care Big Sister

Phone: 9524 0236 **Fax:** 02 9525 3050

2C Karimbla Rd, Miranda 2228

Email: bigsisiter@ibispl.com.au

Service Description: Provides hostel accommodation for men and women over sixty. 76 bed hostel (all single rooms) and 1 "Respite" room available for short term stay by advance booking.

Hours: Office Mon-Fri 9:00am-4:00pm

Contact: Executive Services Manager: Louise Dowd

Fees: As per Dept Health & Ageing Guidelines

Disability Access: Yes (Accommodation)

Eligibility: Current low level residential or respite care approval by Aged Care Assessment Team (ACAT)

Referral: ACAT

John Paul Village

Phone: 9520 2444 **Fax:** 02 9520 5252

15 The Avenue, Heathcote 2233

Email: enquiries@johnpaulvillage.com.au

Web: www.johnpaulvillage.com.au

Service Description: Provides accommodation for the aged of a type appropriate to their physical requirements. Facilities: self-care units, hostel units and air-conditioned nursing home.

Hours: Mon-Fri 9am-5pm (office hours)

Disability Access: Yes (Ramps, lifts, accessible toilets)

Eligibility: Over 55 yrs. Nursing home and hostel - needs basis and ACAT assessment

Juliana Village

Phone: 9524 8409 **Fax:** 02 9525 3422

52-62 Miranda Rd, Miranda 2228

Email: julianav@bigpond.net.au

Service Description: Accommodation for senior citizens. 19 self-contained units in Juliana Village, 29 self-contained units at Logeman Court, 6 self-contained units in Bimbadeen Avenue, 39 hostel and 2 respite units in Juliana Village.

Contact: Janeene Lewis, Martina Zalm

Disability Access: Yes (Ramp, accessible toilet)

Eligibility: ACAT assessment for hostel units

Nagle Apartments

Phone: 9632 3144 **Fax:** 02 9892 1338

144-150 Flora St, Sutherland 2232

Mail to: Southern Cross Care, Barcom St, Merrylands 2160

Service Description: 40 supported living apartments

Contact: For enquiries regarding availability contact: Merrylands Head Office phone 02 9632 3144

Disability Access: Yes

Oak House

Phone: 9523 1781 **Fax:** 02 9523 9519

1 Oaks St, Cronulla 2230

Service Description: Licensed private house for 10 people suitable for people in need of accommodation, including those with mild disabilities. Most residents are permanent so vacancies are rare.

Hours: Information Mon-Fri 9am-5pm

Contact: John & Wendy Floyd owners 9523 9519 Manager - Hilda

Fees: \$475.00 per fortnight

Transport: close to buses

Disability Access: Yes (Ramp, accessible toilets)

Eligibility: Anyone with a disability, without high level support needs or aggressive behaviour who has been assessed as needing boarding house accommodation. From 40 years.

Referral: by Department of Ageing Disability and Home Care

Percy Miles Villa

Phone: 9545 1773 **Fax:** 02 9545 4244

227-235 Forest Rd, Kirrawee 2232

Email: denise.beaufils@vinnies.org.au

Service Description: For the frail aged. 40 bed hostel (single rooms with ensuite).

Hours: Office hours: 9am-5pm

Contact: Hostel manager: Mrs Denise Beaufils

Fees: As per Department of Health & Aged Care recommendations

Transport: Bus service at door

Disability Access: Yes (Ramps, lift, accessible parking.)

Eligibility: Current 2624 certificate from ACAT Low Level Care

Stella Maris Aged Care

Phone: 8522 1200

6 Coast Ave, Cronulla 2230

Web:

www.catholichealthcare.com.au/Stella_Maris_Aged_Care.htm

Service Description: Catholic Health Care Services Ltd aged care facility. Hostel and nursing home.

Fees: As set by the Dept of Health & Ageing

Transport: Local Bus Co; Rail line to Cronulla

Disability Access: Yes

Eligibility: ACAT assessment

Thomas Dunlea Court

Phone: 9632 3144 **Fax:** 02 9892 1338

88-90 Flora St, Kirrawee 2232

Mail to: Southern Cross Care, Barcom St, Merrylands 2160

Service Description: Aged care hostel offering low-level care.

Contact: For enquiries regarding availability contact: Merrylands Head Office phone 02 9632 3144

Thomas Holt Memorial Village

Phone: 9545 4799 **Fax:** 02 9545 3957

1 Acacia Rd North, Sutherland 2232

Email: admin@thomasholtvillage.com.au

Service Description: Self care accommodation with one and two bedroom units. Residential Aged Care Accommodation both low care (Hostel) and high care (Nursing Home) on site. Charitable community organisation.

Hours: Office Hours Mon-Fri 9am-4pm

Contact: Administration Manager

Disability Access: Yes (Ramps, lift, accessible parking)

Warena Centre for Aged Care

(incorporating Warena Gardens & Warena Village)

Phone: 9541 0366 **Fax:** 02 9541 0360

15 Bangaroo St, Bangor 2234

Email: mwatkiss@bcs.org.au

Web: www.bcs.org.au

Service Description: 81 bed hostel consisting of 1 dementia specific respite bed and 80 permanent beds (29 dementia plus 51 low care mainstream). Warena Village: Cnr Billa Road & Bangaroo Street, Bangor 2234. 10 self contained units .

Contact: Executive Manager: Margaret Watkiss

Fees: Discussed at interview

Disability Access: Yes (Lifts, accessible parking and toilets)

Eligibility: Must be ACAT assessed

Referral: ACAT

Low Care Facilities (St George)

ACDMA Aged Hostel

Phone: 02 9758 1343 **Fax:** 02 9755 9559

2 First Ave, Canley Vale NSW 2166

Mail to: PO Box 156, Cabramatta NSW 2166

Email: acdmaagedhostel@hotmail.com

Service Description: Hostel accommodation, registered by the Commonwealth, for aged people from the Chinese community requiring daily assistance. Statewide referrals accepted.

Accredited Low level care : Permanent No. Total Beds 45 No. Total Respite Beds 2

Hours: Mon-Fri 9am-5pm

Fees: Enquire

Disability Access.

Languages spoken: Mandarin and Cantonese

Alternative Names: Australian Chinese

Descendants Mutual Association Aged Hostel

Parent Organisation: Commonwealth depart. of Health and Ageing

Advantaged Care at Georges Manor

Phone: 02 8713 0800 **Fax:** 02 8713 0888

111 Bellevue Ave, Georges Hall NSW 2198

Email: georgesmanor@advantagedcare.com.au

Web: www.advantagedcare.com.au

Service Description: Residential Aged Care providing private suite accommodation for high care, low care and secure dementia.

Hours: Office 8.30 to 4.30

Fees: Accommodation bond plus daily fee

Disability Access.

Eligibility: From 65 years.

Parent Organisation: Advantaged Care Pty Ltd

Amity at Bexley

Phone: 02 9587 1272 **Fax:** 02 9588 4414

741 Forest Rd, Bexley NSW 2207

Email: melissam@amitygroup.com.au

Web: www.amitygroup.com.au

Service Description: High Care RACF

Contact: Ms Melissa Maimann

Languages spoken: Greek

Facilities: High Care and Respite

Alternative Names: Formerly known as Colonial Nursing Home

Parent Organisation: Amity Group Pty Ltd

Amity at Narwee

Phone: 02 9584 9522 **Fax:** 02 9534 3904

59-63 Karne St North, Narwee NSW 2209

Email: narwee@amitygroup.com.au

Web: amitygroup.com.au

Service Description: High and Low Aged care

Hours: Mon-Fri 9am-5pm (Office) 24 hour care

Contact: Toni Burnett

Fees: Call for details

Transport: Punchbowl Bus Company Route 942

Disability Access.

Alternative Names: Roselands Nursing Home

Blakehurst Aged Care Centre

Phone: 02 9546 2159 **Fax:** 02 9547 2357

20-24 Cheddar St, Blakehurst NSW 2221

Email: bacs@simpsonhealthcare.com.au

Service Description: Private aged care centre owned and operated by Simpson Health Care. Comprises a 43 bed nursing home and a 40 bed hostel, which has been classified by the Commonwealth Department of Health and Aged Care as an 'Extra Services Facility' (higher than average fees); twenty 1 bedroom serviced

apartments and fifteen 2 bedroom villas with garages. Apartments and villas are occupied on a 'life lease' basis and a weekly maintenance fee is charged. Physiotherapy is provided for nursing home residents and diversional therapy including regular bus outings is provided for all residents. 40 bed extra service hostel to open in October 2006.

Hours: 24 hours

Contact: Director of Nursing

Eligibility: No smoking policy in building or grounds

Carinya Lodge

Phone: 02 9567 0271 **Fax:** 02 9567 0271

89 Fairview St, Arncliffe NSW 2205

Email: carinya.arn@optusnet.com.au

Service Description: A boarding house licenced by the Department of Ageing, Disability & Home Care for 22 residents. Call Carinya for details about vacancies. Only when there is a vacancy will the Aged Care Assessment Team (ACAT) perform an assessment to determine eligibility for accommodation. Double shared wheelchair accessible rooms. Cost includes all meals & laundry and low level care as required.

Hours: Information Mon-Fri 9am-5pm

Fees: \$540.00 per fortnight

Transport: Bus near by

Disability Access ((Wheelchair accessible room)).

Eligibility: Anyone with a disability and without high level support needs who has been assessed as needing boarding house accommodation by an Aged Care Assessment Team (ACAT). From 30 years.

Homewood Care Services

Phone: 02 9502 1800 **Fax:** 02 9150 0696

64 Illife St, Bexley NSW 2207

Service Description: Three Licensed private group homes for 4, 5 & 6 people in Illife Street and Regent Street Bexley, including those with mild disabilities. Support staff 8am-8pm. No overnight care.

Hours: Information Mon-Fri 9am-5pm

Contact: Manager

Fees: Enquire upon application

Transport: Bus stop close by

Disability Access (ramps, rails etc).

Eligibility: Determined on a case by case basis. From 18 years.

Huntingdon Gardens Aged Care Facility

Phone: 02 9597 1655 **Fax:** 02 9567 8046

1-11 Connemarra St, Bexley NSW 2207

Email: huntingdon11@bigpond.com

Web: www.huntingdowngardens.com.au

Service Description: General nursing home and hostel.

Hours: 24 hours

Contact: Director of Nursing

Fees: Contact for details

Transport: Close to trains (Rockdale station)

Disability Access (Parking, ramps, lift, toilets).

Alternative Names: Huntingdon Residential Aged Care Facility

Macquarie Lodge Aged Care plus The Salvation Army

Phone: 02 9556 6900 **Fax:** 02 9567 5043

171 Wollongong Rd, Arncliffe NSW 2205

Service Description: aged, elderly, frail, nursing home, beds, care, service, low, high, facility, respite

Contact: Sister Kathy Hons

Languages spoken: Mandarin, Cantonese

Macquarie Lodge Aged Care Services

Phone: 02 9556 6900 **Fax:** 02 9567 5043

171 Wollongong Rd, Arncliffe NSW 2205

Service Description: Self care units for 89 residents. Assisted living (hostel) for 49 residents. Nursing and personal care for 65 residents

Mayflower Retirement Village - Bruce Sharpe Lodge

Phone: 02 9597 2013

110 Frederick St, Rockdale NSW 2216

Email: bsharpe@ol.com.au

Web: ageing.nsw.uca.org.au/

Service Description: Self care and hostel. 52 places.

Hours: Seven days a week 24 hours a day

Parent Organisation: Uniting Care

Orana Respite and Day Centre

Phone: 03 6427 9511 **Fax:** 03 6427 0691

31 Murray St, East Devonport TAS 7310

Email: orana@eftel.net.au

Service Description: Seven bed respite and day centre. Situated close to where boats from Melbourne dock. Day Centre offers activities for people living with a disability or older people in the community. Clients are assessed by our Day Centre CoOrdinator and then registered. Clients for respite must be assessed by the aged care assessment team as low care; Oranas respite is low care only.

Hours: Mon - Fri Day care with extended hours available 24hrs, 7days per week - Overnight respite.

Contact: Respite Manager- Anna Clements EN.Day Centre CoOrdinator- Nita Bassett

Fees: \$32.00 per night, \$6.00 day care

Transport: Orana does not provide transport but most clients are registered with out local transport to get them to the Day Centre.

Disability Access (Accessible holiday accommodation).

Eligibility: low care disabilities. From 18 years.

Languages spoken: Dutch and German

Facilities: Large hall, meeting room and dining room.

Parent Organisation: Karingal Care Services Inc.

Peakhurst Nursing Home

Phone: 02 9533 4089 **Fax:** 02 9533 4068

18 Henry Lawson Drive, Peakhurst NSW 2210

Email: peakhurstlodge@hotmail.com

Service Description: 110 beds facility. Services provided include low care, 24 hr nursing care, secure

dementia section, diversional therapy, podiatry, physiotherapy, aromatherapy, , access to other alternative and allied health professionals by arrangement.

Hours: Mon-Fri 8.30am-4pm (office hours); 9am-8pm (visiting time)

Contact: Director of Nursing

Languages spoken: Cantonese, Tagalog, Portuguese

Parent Organisation: The Sisters of Our Lady of China

Peakhurst Retirement Village

Phone: 02 9408 8011 **Fax:** 02 9584 1399

24 Turpentine Av, Peakhurst NSW 2210

Email: peakhurst@irt.org.au

Web: www.irt.org.au

Service Description: Residential care facility, low level care. 97 self-care units with 24 different floorplans, 70 Hostels on site and 10 bed Dementia unit. 60% resident funded and 40% Department of Housing. 24hr staffing all hostel services, some services available to self-care on fee for service basis.

Hours: 24 hours seven days

Contact: Village Manager

Quong Tart Aged Care Facility

Phone: 02 8753 2900 **Fax:** 02 8753 2999

48 Arthur St, Ashfield NSW 2131

Service Description: Aged care facility offering care 24 hours, 7 days a week. The centre accommodates 63 beds (maximum) and provides high and low care services for its residents.

Hours: 24 Hours

Contact: Facility Manager

Parent Organisation: Uniting Care Ageing

Roberts Lodge

Phone: 02 9533 6176 **Fax:** 02 9533 6180

168-178 Boundary Rd, Peakhurst NSW 2210

Web:

ageing.nsw.uca.org.au/___data/assets/file/4933/South_Eastern.pdf

Service Description: Self care and hostel. 64 beds.

Hours: Seven days a week 24 hours a day

Parent Organisation: Uniting Care

Roselands Nursing Home - Paul Cullen Centre

Phone: 02 9584 9522 **Fax:** 02 9534 3904

63 Karne St, Roselands NSW 2196

Service Description: Provides High Care and Low Care services

Contact: Ms Toni Burnett

Transport: Bus Route 942, 941. 10 minute walk from Narwee Station.

Parent Organisation: Amity Group Pty Ltd

Ruby Manor

Phone: 02 9723 7166 **Fax:** 02 9723 7455

10 Ruby St, Carramar NSW 2163

Service Description: Low care Aged hostel. Total Beds 90. Total Respite Beds 2. Secure Dementia Beds 30

Parent Organisation: The Sisters of Our Lady of China Health care

Sans Souci Gardens

Phone: 02 9583 1599 **Fax:** 02 9583 1962

188 Chuter Av, Sans Souci NSW 2219

Email: ssg@bensoc.org.au

Web: www.bensoc.org.au

Service Description: Low care aged care facility consisting of 38 units, 36 permanent and 2 respite. Services provided include personal care, meals cooked, cleaning, laundry and activities. Referral through aged care assessment team - CRAGS.

Hours: 24 hours

Contact: Manager

Fees: Please phone to enquire.

Disability Access (level ground. large bathroom, left for upstairs access, toilets that accommodate wheelchairs.).

Fees: Contact for details

Stella Maris Aged Care

Phone: 02 8522 1200

6 Coast Ave, Cronulla NSW 2230

Web:

www.catholichealthcare.com.au/Stella_Maris_Aged_Care.htm

Service Description: Catholic Health Care Services Ltd aged care facility. Hostel and nursing home.

Fees: As set by the Dept of Health & Ageing

Transport: Local Bus Co; Rail line to Cronulla

Disability Access.

Eligibility: ACAT assessment

Parent Organisation: Trustees of the Sisters of Mercy Parramatta

The Benevolent Society - The Bexley Centre

Phone: 02 9567 1219 **Fax:** 02 9556 1382

28 Harrow Rd, Bexley NSW 2207

Email: lilyl@bensoc.org.au

Web:

www.bensoc.org.au/director/whatwedo/findaservice.cfm?item_id=F4181D2EDA4FF400B5523776E4225EBB

Service Description: The Bexley Centre provides aged care facilities. The Margaret Lim U Hostel at The Bexley Centre has 59 rooms (with 3 rooms reserved for respite care) and Kirby Court has 24 rooms (with 2 rooms reserved for respite care) and specialises in caring for people with dementia who need considerable day to day support. It is a secure unit. Rockdale Centenary Village has 26 bedsit units.

Hours: Mon-Fri 9am-4.30pm (office hours)

Contact: Manager

Fees: Set by the Government

Disability Access (Ramp).

Eligibility: ACCR (Aged Care Client Record)

Alternative Names: Kirby Court, Margaret Lim U Hostel

Parent Organisation: The Benevolent Society

The Laurels

Phone: 02 9588 1522 **Fax:** 02 9588 1566
45 English St, Kogarah NSW 2217

Web:

www.upa.org.au/regional_offices/syd_south/laurels.shtml

Service Description: The Laurels Aged Care Service which opened in 1979 to accommodate 26 residents. A respite room was added later. The resident's rooms surround the historic, heritage listed home. The Hostel is run by the Care Manager and a dedicated team of carers.

Contact: Care Manager

Eligibility: Must be mobile and non-aggressive

Cronulla Nursing Home

Phone: 9523 3430

2 Girrillang Rd, Cronulla 2230

Service Description: 40 place nursing home.

Eligibility: Must have ACAT assessment

Eddystone Nursing Home

Phone: 9150 7701 **Fax:** 02 9554 9411

3-5 Eddystone Rd, Bexley 2207

Email: eddystone@kennedyhealthcare.com.au

Service Description: General nursing home.

Hours: 24 hours

Contact: Care Manager

Fees: Contact for details

Transport: Close to buses (routes 492, 494)

Disability Access: Yes (Parking, lift, toilet)

Referral: Referral required from Doctor or Aged Care Assessment Team (ACAT)

Garrawarra Centre

Phone: 9548 4700 **Fax:** 02 9548 4741

Princes Hwy, Waterfall 2233

Web: www.sesahs.nsw.gov.au/garrawarra.asp

Service Description: Garrawarra Centre is a Dementia Specific Care Facility. State of the art cottages make it a Centre of Excellence providing holistic care to residents with moderate to severe dementia.

Contact: For admission enquiries ph Nurse Manager Residential Care on 02 9548 4767

Transport: No public transport from Waterfall station

Disability Access: Yes

Eligibility: Referral by Aged Care Assessment Team

Gynea Bay Nursing Home

Phone: 9524 4954 **Fax:** 02 9526 7412

128 Coonong Rd, Gynea Bay 2227

Email: gbadmin@people.net.au

Service Description: Nursing Home

Transport: Southtrans bus service Mon-Fri 2 morning and 2 afternoon services

Disability Access: Yes (Ramps, lift, accessible toilet)

Thomas Dunlea Court

Phone: 02 9632 3144 **Fax:** 02 9892 1338

88-90 Flora St, Kirrawee NSW 2232

Mail to: Southern Cross Care, Barcom St, Merrylands NSW 2160

Service Description: Aged care hostel offering low-level care.

Contact: For enquiries regarding availability contact: Merrylands Head Office phone 02 9632 3144

High Care Facilities (Sutherland)

H C Foreman Lodge Nursing Home

Phone: 9522 6181 **Fax:** 02 9522 5647

107 Bellingarra Rd, Miranda 2228

Email: foreman_lodge@wesleymission.org.au

Web: www.wesleymission.org.au/centres/foreman/

Service Description: Provides nursing care and medical treatment for frail aged incorporating planned diversionary therapy.

Contact: Deputy Director of Nursing. Alternative phone no. 02 9522 6416

Transport: Bus from Miranda railway station.

Referral: Referral required with appropriate aged care assessment

Huntingdon Gardens Aged Care Facility

Phone: 02 9597 1655 **Fax:** 02 9567 8046

1-11 Connemarra St, Bexley NSW 2207

Email: huntingdon11@bigpond.com

Web: www.huntingdowngardens.com.au

Service Description: General nursing home and hostel.

Hours: 24 hours

Contact: Director of Nursing

Fees: Contact for details

Transport: Close to trains (Rockdale station)

Disability Access (Parking, ramps, lift, toilets).

Alternative Names: Huntingdon Residential Aged Care Facility

Hurstville Gardens Nursing Centre

Phone: 9579 6711 **Fax:** 02 9579 5495
53-59 Gloucester Rd, Hurstville 2220
Service Description: 86 High Care and 24 Low Care bed nursing home for aged people including those with disabilities.
Hours: Information Mon-Fri 9am-5pm
Contact: Mrs Tiko Paul, Director of Nursing
Fees: Vary depending on individual's level of government assistance
Transport: Bus and train close by
Disability Access: Yes (Ramps, all disabled facilities)
Eligibility: Assessed by ACAT, require an approved 3020 form

John Paul Village

Phone: 9520 2444 **Fax:** 02 9520 5252
15 The Avenue, Heathcote 2233
Email: enquiries@johnpaulvillage.com.au
Web: www.johnpaulvillage.com.au
Service Description: Provides accommodation for the aged of a type appropriate to their physical requirements. Facilities: self-care units, hostel units and air-conditioned nursing home.
Hours: Mon-Fri 9am-5pm (office hours)
Disability Access: Yes (Ramps, lifts, accessible toilets)
Eligibility: Over 55 yrs. Nursing home and hostel - needs basis and ACAT assessment

Lark Ellen Nursing Home

Phone: 9521 2855 **Fax:** 02 9545 0430
133 Jannali Ave, Sutherland 2232
Service Description: High Care Facility.
Hours: 24 hours
Contact: Alternative phone no. 02 9521 2339
Fees: As per Government schedule
Transport: Train
Disability Access: Yes
Eligibility: As defined under the Aged Care Act 1997

Miranda Nursing Home

Phone: 9525 3210 **Fax:** 02 9540 5605
268 Port Hacking Rd, Miranda 2228
Mail to: PO Box 154, Miranda 1490
Email: miranda@dohertycare.com.au
Web: www.dohertycare.com.au
Service Description: Fully accredited aged care residential service, provides extensive general, palliative and dementia specific nursing care for chronically ill and geriatric residents. Nursing staff on duty 24 hours every day. Physiotherapy and diversional therapy in a calm, happy, caring environment with a policy of continuous improvement and a formal process that acknowledges User Rights principles. Double rooms provided for married couples.
Hours: 24 hours daily
Fees: As per Commonwealth government fee schedule.
Transport: Bus at door, car parking
Disability Access: Yes
Eligibility: Frail aged "High Care" as assessed by A.C.A.T.
Referral: Referral by aged care assessment team via resident's doctor.

Pacific Heights

Phone: 9522 8581 **Fax:** 02 9522 7310
406 Princes Hwy, Sylvania 2224
Email: pacificheightsnh@swiftdsl.com.au
Service Description: Nursing home with 76 places.
Contact: Alternative phone no 02 9522 9574.
Disability Access: Yes (Ramps, accessible toilet)
Referral: Referral through the Aged Care Assessment Team at Southcare 029540 7540 or by appointment with home.

Sir Thomas Mitchell Aged Care Facility

Phone: 9543 7333 **Fax:** 02 9543 7444
351 Fowler Rd, Illawong 2234
Mail to: PO Box 4072, Illawong 2234
Email: stmnh@tpg.com.au
Service Description: Catering for frail aged and residents with dementia (secure area).
Hours: Office hours Mon-Fri 9am-5pm
Fees: As per govt guidelines
Transport: Connex Southtrans Bus 692
Miranda/Sutherland Padstow
Disability Access: Yes (All on one level)

St George Aged Care Centre

Phone: 9587 7850 **Fax:** 02 9587 3874

3 Verdun St, Bexley 2207

Email: stgnhome@bigpond.com

Service Description: General nursing home.

Hours: 24 hours

Contact: Other phone: 02 9587 7805

Fees: Contact for details

Transport: Close to trains (Kogarah station) and buses (route 455)

Disability Access: Yes (Parking, ramp, toilet)

Referral: Assessment required from Aged Care Assessment Team

Stella Maris Aged Care

Phone: 02 8522 1200

6 Coast Ave, Cronulla NSW 2230

Web: www.catholichealthcare.com.au/Stella_Maris_Aged_Care.htm

Service Description: Catholic Health Care Services Ltd aged care facility. Hostel and nursing home.

Fees: As set by the Dept of Health & Ageing

Transport: Local Bus Co; Rail line to Cronulla

Disability Access.

Eligibility: ACAT assessment

Parent Organisation: Trustees of the Sisters of Mercy Parramatta

The Palms Nursing Home

Phone: 9521 2963

454 President Ave, Kirrawee 2232

Service Description: High care facility.

Transport: Close to Kirrawee station

Referral: Referral by Aged Care Assessment Team

Thomas Holt Memorial Village

Phone: 9545 4799 **Fax:** 02 9545 3957

1 Acacia Rd North, Sutherland 2232

Email: admin@thomasholtvillage.com.au

Service Description: Self care accommodation with one and two bedroom units. Residential Aged Care Accommodation both low care (Hostel) and high care (Nursing Home) on site. Charitable community organisation.

Hours: Office Hours Mon-Fri 9am-4pm

Contact: Administration Manager

Disability Access: Yes (Ramps, lift, accessible parking)

High Care Facilities St George

Advantaged Care at Georges Manor

Phone: 02 8713 0800 **Fax:** 02 8713 0888
111 Bellevue Ave, Georges Hall NSW 2198
Email: georgesmanor@advantagedcare.com.au
Web: www.advantagedcare.com.au
Service Description: Residential Aged Care providing private suite accommodation for high care, low care and secure dementia.
Hours: Office 8.30 to 4.30
Fees: Accommodation bond plus daily fee
Disability Access.
Eligibility: From 65 years.
Parent Organisation: Advantaged Care Pty Ltd

Adventist Aged Care

Phone: 02 9622 3889 **Fax:** 02 9622 9583
56 Elsom St, Kings Langley NSW 2147
Email: ldeklerk@bizmail.com.au
Service Description: Retirement village comprising of self care units, hostel and nursing home.
Hours: Mon Tue Thu 8:30am-4:30pm, Fri 8:30am-4pm (Office)
Contact: Administrative Officer
Fees: Contact for details
Transport: Close to buses (routes T61, 718, 740-742)
Disability Access (Ramp).
Eligibility: From 55 years.
Alternative Names: Formerly Adventist Retirement Village
Parent Organisation: Seventh-day Adventist Church

Aged Care Guide NSW

Web: www.agedcareguide.com.au/shop.asp
Service Description: The DPS guide to Aged Care provides comprehensive information about every Commonwealth subsidised Residential Aged Care Facility and Community Care Package in addition to Supported Residential Services, Retirement Living options, Home and Community Care, Products and Services.

Alloa Aged Care

Phone: 02 9567 6375 **Fax:** 02 9567 2089
34 Bayview St, Arncliffe NSW 2205
Service Description: Provides 24hrs nursing care for the elderly residents. Provides a full range of social activities including bus trips, sing-alongs, club outings, church visits/groups and much more. Red Cross/YMCA visitors scheme. Family support. Dementia care. Excellent diversional therapy program. Hairdresser, physiotherapy, podiatry, optometrist. High care (unsecure) nursing home.
Hours: 24 hour service
Contact: Director of Nursing

Amity at Bexley

Phone: 02 9587 1272 **Fax:** 02 9588 4414
741 Forest Rd, Bexley NSW 2207
Email: melissam@amitygroup.com.au
Web: www.amitygroup.com.au
Service Description: High Care RACF
Contact: Ms Melissa Maimann
Languages spoken: Greek
Facilities: High Care and Respite
Alternative Names: Formerly known as Colonial Nursing Home
Parent Organisation: Amity Group Pty Ltd

Amity at Bexley

Phone: 02 9587 6057; 02 9587 1272 **Fax:** 02 9588 4414
741-743 Forest Rd, Bexley NSW 2207
Email: info@amitygroup.com.au
Web: www.amitygroup.com.au
Service Description: Nursing Home for the aged. 80 beds, some regular recreational activities, visiting unrestricted, diversional therapy daily. Hairdressing, podiatry services available, doctor of your choice. Physiotherapy and music therapy. Respite care.
Hours: Seven days a week 24 hours a day
Contact: Aged Care Services Manager
Languages spoken: Greek

Amity at Narwee

Phone: 02 9584 9522 **Fax:** 02 9534 3904
59-63 Karne St North, Narwee NSW 2209
Email: narwee@amitygroup.com.au
Web: amitygroup.com.au
Service Description: High and Low Aged care
Hours: Mon-Fri 9am-5pm (Office) 24 hour care
Contact: Toni Burnett
Fees: Call for details
Transport: Punchbowl Bus Company Route 942
Disability Access.
Alternative Names: Roselands Nursing Home
Parent Organisation: The Amity Group

Banks Lodge

Phone: 02 9534 6655
26 Bridgeview Rd, Beverly Hills NSW 2209
Email: fionee.brooks@unitingcare.org.au
Web: ads.nsw.uca.org.au/services_listing/hostel.htm
Service Description: Nursing home and hostel. 78 beds.
Hours: Seven days a week 24 hours a day
Contact: Aged Care Services Manager
Parent Organisation: Uniting Care

Bethlehem House. (Catholic Healthcare)

Phone: 02 9587 6584 **Fax:** 02 9587 9884
30 Montgomery St, Kogarah NSW 2217
Mail to: PO Box 741, Kogarah NSW 1485
Web: www.catholichealthcare.com.au
Service Description: aged, elderly, frail, care, service, nursing, home, bed, low
Hours: 7am - 9pm
Contact: Ms Stephanie Murch

Fees: As stated by Dept. of Health & Aging
Eligibility: For over 65 years of age
Parent Organisation: Catholic Healthcare

Blakehurst Aged Care Centre

Phone: 02 9546 2159 **Fax:** 02 9547 2357
20-24 Cheddar St, Blakehurst NSW 2221
Email: bacs@simpsonhealthcare.com.au
Service Description: Private aged care centre owned and operated by Simpson Health Care. Comprises a 43 bed nursing home and a 40 bed hostel, which has been classified by the Commonwealth Department of Health and Aged Care as an 'Extra Services Facility' (higher than average fees); twenty 1 bedroom serviced apartments and fifteen 2 bedroom villas with garages. Apartments and villas are occupied on a 'life lease' basis and a weekly maintenance fee is charged. Physiotherapy is provided for nursing home residents and diversional therapy including regular bus outings is provided for all residents. 40 bed extra service hostel to open in October 2006.

Hours: 24 hours

Contact: Director of Nursing

Eligibility: No smoking policy in building or grounds

Blakehurst Nursing Home and Retirement Village

Phone: 02 9546 2159 **Fax:** 02 9547 2357
20 Cheddar St, Blakehurst NSW 2221
Email: admin-blakehurst@ibispl.com.au
Service Description: Extra service facility- Nursing Home, Hostel, Serviced Apartments and villas.
Contact: Ms Annette Hunt
Fees: Care fee and extra service fees
Parent Organisation: Ibis Care

Botany Gardens Nursing Home

Phone: 02 9588 2557
88-90 Botany St, Carlton NSW 2218
Service Description: 42 bed nursing home. Personal care provided, hairdresser, podiatrist, telephones, library, laundry, newspapers and magazines. Aged extended care.
Languages spoken: Italian, Macedonian, Greek, Indonesian

Casa Mia Aged Care Centre

Phone: 02 8707 6000 **Fax:** 02 8707 6051
28 Alma Rd, Padstow NSW 2211
Mail to: PO Box 162, Padstow NSW 2211
Email: cbarker@pinnaclecare.com.au
Service Description: 100 bed high care facility with secure section for residents with dementia.
Hours: 24 hours, Mon-Fri 9am-3pm (Office)
Fees: Contact for details
Transport: Close to buses
Disability Access.
Languages spoken: Arabic, Chinese

Eddystone Nursing Home

Phone: 02 9150 7701 **Fax:** 02 9554 9411
3-5 Eddystone Rd, Bexley NSW 2207

Email: eddystone@kennedyhealthcare.com.au

Service Description: General nursing home.

Hours: 24 hours

Contact: Care Manager

Fees: Contact for details

Transport: Close to buses (routes 492, 494)

Disability Access (Parking, lift, toilet).

Languages spoken: Greek, Hindi, Nepalese, Tagalog

Parent Organisation: Kennedy Health Care

Endeavour Nursing Home

Phone: 02 9587 7840

74-76 Rocky Point Rd, Kogarah NSW 2217

Email: endeavour@kennedyhealthcare.com.au

Web: www.kennedyhealthcare.com.au/

Service Description: Endeavour Nursing Home is the founding member of the Kennedy Health Care Group. It is a 63 bed high care facility in the Kogarah/St George area.

Parent Organisation: Kennedy Health Care Group

Evergreen Singers

Phone: 02 9602 1442

C/- 10 Edgecombe Ave, Moorebank NSW 2170

Email: phyllis.locke@tafensw.edu.au

Service Description: Sing and entertain at nursing homes. Join a group that has fun singing the old songs that people in nursing homes grew up with.

Hours: Fridays 10am-12noon

Contact: Phyllis Locke, Secretary

Fees: No

Transport: Own transport preferable

Disability Access.

Fairlea Nursing Home

Phone: 02 9570 8912 **Fax:** 02 9586 2182

11 Hawk St, Penshurst NSW 2222

Email: geeyong_sor@gmail.com

Service Description: General nursing home and hostel accommodation. Also provides ethnic specific services to people from a Chinese speaking background.

Hours: Office hours

Contact: Director of Nursing

Fees: Contact for details

Transport: Close to buses (routes 940, 941)

Disability Access (Parking, ramp, toilet).

Languages spoken: Chinese

Fairmont Aged Care Centre

Phone: 02 9567 2279 **Fax:** 02 9599 1432

20 Dunmore St, Bexley NSW 2207

Email: nickm7@bigpond.com

Web: www.fairmontagedcare.com.au

Service Description: Fairmont Aged Care Centre is a fully Accredited Aged Care Facility. The facility has a total of 44 beds & caters for all types of residents - ranging from those requiring high care down to low care residents. Respite-Care residents are also catered for. Quality driven diversional therapy and therapeutic recreational programs.

Hours: 24 hours

Contact: Director of Nursing

Fees: As per Department of Health & Ageing fees structure.

Transport: Bus Service No.472 from Rockdale train station to facility.

Disability Access (ramps and lift).

Languages spoken: Chinese, Filipino, Russian

Ferndale Gardens Residential Care Facility

Phone: 02 9570 5555; 02 9579 2970 **Fax:** 02 9580 9517

33 Jersey Av, Mortdale NSW 2223

Service Description: Privately owned high care nursing home. 76 bed of which 44 are frail aged and 32 dementia specific secure unit. Services include 3 meals daily/ laundry and cleaning.

Hours: 24 hours

Contact: Director of Nursing

Parent Organisation: Aspic Holdings Pty Ltd

Ferndale Gardens

Phone: 02 9570 5555 **Fax:** 02 9580 9517

33 Jersey Ave, Mortdale NSW 2223

Email: enquiries@ferndalegardens.com.au

Web: www.ferndalegardens.com.au

Service Description: High and Low care; Dementia Specific; Respite Care

Contact: Mr George Fotoulis(Director of Nursing)

Languages spoken: Greek, Italian, Indian, Chinese, Portuguese

Garrawarra Centre

Phone: 02 9548 4700 **Fax:** 02 9548 4741

Princes Hwy, Waterfall NSW 2233

Web: www.sesahs.nsw.gov.au/garrawarra.asp

Service Description: Garrawarra Centre is a Dementia Specific Care Facility. State of the art cottages make it a Centre of Excellence providing holistic care to residents with moderate to severe dementia.

Contact: For admission enquiries ph Nurse Manager Residential Care on 02 9548 4767

Transport: No public transport from Waterfall station

Disability Access.

Eligibility: Referral by Aged Care Assessment Team

Parent Organisation: South Eastern Sydney and Illawarra Area Health Service

GyMEA Bay Nursing Home

Phone: 02 9524 4954 **Fax:** 02 9526 7412

128 Coonong Rd, GyMEA Bay NSW 2227

Email: gbadmin@people.net.au

Service Description: Nursing Home

Transport: Southtrans bus service Mon-Fri 2 morning and 2 afternoon services

Disability Access (Ramps, lift, accessible toilet).

Heiden Park Lodge

Phone: 02 9725 7311 **Fax:** 02 9727 7916

16 Matthews St, Carramar NSW 2163

Email: heiden.park@sydneywest.upa.org.au

Web: www.upa.org.au

Service Description: Provides general hostel accommodation, a dementia unit and 2 respite beds. Also provides ethnic specific services to people from a Chinese speaking background.

Hours: Mon-Fri 9am-5pm (Office)

Contact: Case Manager

Fees: Contact for details

Transport: Close to trains (Fairfield station) and buses (routes 816, 817)

Disability Access (Parking, ground floor entry, toilet).

Languages spoken: Cantonese, Mandarin

Parent Organisation: United Protestant Association

Hillcrest Nursing Home

Phone: 02 9580 4953; 02 9580 8946 **Fax:** 02 9580 0338

11 Mimosa St, Oatley NSW 2223

Email: hillcrest@bullet.net.au

Service Description: 80 bed facility, air-conditioned, provide quality care to maintain quality of life.

Hours: 24 hours 7 days

Languages spoken: Mandarin; Cantonese; Italian; Croatian; Rumanian; Hindi; French

Huntingdon Gardens Aged Care Facility

Phone: 02 9597 1655 **Fax:** 02 9567 8046

1-11 Connemarra St, Bexley NSW 2207

Email: huntingdon11@bigpond.com

Web: www.huntingdowngardens.com.au

Service Description: General nursing home and hostel.

Hours: 24 hours

Contact: Director of Nursing

Fees: Contact for details

Transport: Close to trains (Rockdale station)

Disability Access (Parking, ramps, lift, toilets).

Alternative Names: Huntingdon Residential Aged Care Facility

Hurstville Gardens Nursing Centre

Phone: 02 9579 6711 **Fax:** 02 9579 5495

53-59 Gloucester Rd, Hurstville NSW 2220

Service Description: 86 High Care and 24 Low Care bed nursing home for aged people including those with disabilities.

Hours: Information Mon-Fri 9am-5pm

Contact: Mrs Tiko Paul, Director of Nursing

Fees: Vary depending on individual's level of government assistance

Transport: Bus and train close by

Disability Access (Ramps, all disabled facilities).

Eligibility: Assessed by ACAT, require an approved 3020 form

Languages spoken: Cantonese, Italian, Arabic

Parent Organisation: Regis Specialist Care (Macquarie Bank)

Jenny Lyn Nursing Home

Phone: 02 9599 2219 **Fax:** 02 9597 3125

13 Henson St, Brighton Le Sands NSW 2216

Contact: Ms Audrey Heuchttmer

Lottie Stewart Hospital

Phone: 02 9858 3255 **Fax:** 02 9874 9213

40 Stewart St, Dundas NSW 2117

Email: Enquiry@lottie.wsahs.nsw.gov.au

Web: www.wsahs.nsw.gov.au/lottiestewart/index.htm

Service Description: 3rd schedule hospital with specialised nursing home beds. Provides aged care, respite beds, spinal unit, long term psychiatric unit, CADE Unit and Huntington Unit.

Hours: 24 hours

Fees: Contact for details

Transport: Close to buses (routes 545, 550, 551)

Disability Access (Parking, lift, ramp, toilets).

Eligibility: Aged Care 65 years +. No age or gender restrictions apply to Huntingtons Disease service.

Parent Organisation: Sydney West Area Health Service (SWAHS) and Wesley Mission

Macquarie Lodge Aged Care plus The Salvation Army

Phone: 02 9556 6900 **Fax:** 02 9567 5043

171 Wollongong Rd, Arncliffe NSW 2205

Service Description: aged, elderly, frail, nursing home, beds, care, service, low, high, facility, respite

Contact: Sister Kathy Hons

Languages spoken: Mandarin, Cantonese

Macquarie Lodge Aged Care Services

Phone: 02 9556 6900 **Fax:** 02 9567 5043

171 Wollongong Rd, Arncliffe NSW 2205

Service Description: Self care units for 89 residents. Assisted living (hostel) for 49 residents. Nursing and personal care for 65 residents.

Menaville Residential Aged Care Facility

Phone: 02 9567 3641 **Fax:** 02 9567 6037

121 Frederick St, Rockdale NSW 2216

Email: menaville@danksgroup.com

Web: www.danksgroup.com/menaville.htm

Service Description: Aged care facility for 46 residents. Services include qualified nursing staff 24 hours per day, 7 days per week, choice of medical practitioner, physiotherapy, dental, hearing, optical and podiatry on request, specialised nursing procedures available, hairdresser, and other services on request.

Hours: 24 hours

Contact: Director of Nursing

Parent Organisation: Danks Group

Miranda Nursing Home

Phone: 02 9525 3210 **Fax:** 02 9540 5605

268 Port Hacking Rd, Miranda NSW 2228

Mail to: PO Box 154, Miranda NSW 1490

Email: miranda@dohertycare.com.au

Web: www.dohertycare.com.au

Service Description: Fully accredited aged care residential service, provides extensive general,

palliative and dementia specific nursing care for chronically ill and geriatric residents. Nursing staff on duty 24 hours every day. Physiotherapy and diversional therapy in a calm, happy, caring environment with a policy of continuous improvement and a formal process that acknowledges User Rights principles. Double rooms provided for married couples.

Hours: 24 hours daily

Fees: As per Commonwealth government fee schedule.

Transport: Bus at door, car parking

Disability Access.

Eligibility: Frail aged "High Care" as assessed by A.C.A.T.

Parent Organisation: Doherty & Associates Pty Ltd

Mullauna Village

Phone: 02 9831 6022 **Fax:** 02 9831 4285

61 Bungarrabee Rd, Blacktown NSW 2148

Email: mullauna@macc.org.au

Service Description: Provides 30 self-care units, hostel accommodation and respite care.

Hours: Mon-Fri 8:30am-4:30pm (Office)

Fees: Contact for details.

Languages spoken: Auslan

Parent Organisation: Uniting Church in Australia

Nunyara Aged Care Facility

Phone: 02 9533 0500 **Fax:** 02 9533 0588

8-12 Neilson Ave, Peakhurst NSW 2210

Email: alldritt@grpaco.org.au

Service Description: Aged care facilities, self care villages, aged care hostels and nursing home.

Contact: Facility Manager

Alternative Names: Georges River Presbytery Aged Care

Parent Organisation: Uniting Care Ageing South Eastern Region

Our Lady of Myrtles Aged Care Pty Ltd

Phone: 02 9588 9000 **Fax:** 02 9588 9111

18-20 Garden St, Kogarah NSW 2217

Web: www.myrtles.com.au

Service Description: NESB/Greek, Hostel low level care

Contact: Manager: Lillian Stockall

Languages spoken: Greek

Pacific Heights

Phone: 02 9522 8581 **Fax:** 02 9522 7310

406 Princes Hwy, Sylvania NSW 2224

Email: pacificeightsnh@swiftdsl.com.au

Service Description: Nursing home with 76 places.

Contact: Alternative phone no 02 9522 9574.

Disability Access (Ramps, accessible toilet).

Peakhurst Nursing Home

Phone: 02 9533 4089 **Fax:** 02 9533 4068

18 Henry Lawson Drive, Peakhurst NSW 2210

Email: peakhurstlodge@hotmail.com

Service Description: 110 beds facility. Services provided include low care, 24 hr nursing care, secure dementia section, diversional therapy, podiatry, physiotherapy, aromatherapy, , access to other alternative and allied health professionals by arrangement.

Hours: Mon-Fri 8.30am-4pm (office hours); 9am-8pm (visiting time)

Contact: Director of Nursing

Languages spoken: Cantonese, Tagalog, Portuguese

Parent Organisation: The Sisters of Our Lady of China

Quong Tart Aged Care Facility

Phone: 02 8753 2900 **Fax:** 02 8753 2999

48 Arthur St, Ashfield NSW 2131

Service Description: Aged care facility offering care 24 hours, 7 days a week. The centre accommodates 63 beds (maximum) and provides high and low care services for its residents.

Hours: 24 Hours

Contact: Facility Manager

Parent Organisation: Uniting Care Ageing

Rockdale Nursing Home

Phone: 02 9567 5333 **Fax:** 02 9597 6349

22 Woodford Rd, Banksia NSW 2216

Service Description: Accommodation for 70 people. Diversional therapy, hairdressing and laundry facilities.

Hours: 24 hours

Contact: Director of Nursing

Roselands Nursing Home - Paul Cullen Centre

Phone: 02 9584 9522 **Fax:** 02 9534 3904

63 Karne St, Roselands NSW 2196

Service Description: Provides High Care and Low Care services

Contact: Ms Toni Burnett

Transport: Bus Route 942, 941. 10 minute walk from Narwee Station.

Parent Organisation: Amity Group Pty Ltd

Royals Nursing Home

Phone: 02 9587 7610; 02 9587 7661 **Fax:** 02 9587 1869

82-84 Connemarra St, Bexley NSW 2207

Service Description: A private nursing home with 64 beds for men and women. Bus outings, entertainment for our residents, holidays and birthday parties.

Hours: Mon-Sun 24 hours

Facilities: Disabled toilet, ramps, handrails and car parking

Scalabrini Village Bexley

Phone: 02 9597 1333 **Fax:** 02 9597 6509

34 Harrow Rd, Bexley NSW 2207

Email: svbexley@scalabrini.com.au

Web: www.scalabrini.com.au/village_bexley_lg.shtml

Service Description: The village is a two storey complex. The Nursing Home has 79 beds in single, 2,

3 and 4 bedded rooms. Church services are provided twice a week by Scalabrinian Fathers and Religious Sisters. Chaplains of other denominations are welcome. The building contains dining, recreation and a Chapel. The Village has RAI International via satellite, communal TV and TV's can be installed in all rooms if required. The complex has it's own minibus for the transportation of residents. Public telephone use is provided and hairdressing services are available. Bingo, card games, parties, craft, group and individual activities are organised for the residents wishing to participate. Regular outings are organised, sightseeing trips, picnics and visiting other Villages. Physiotherapy, diversional therapy, podiatry and dental services are provided. 24 hour nursing care is provided by Registered Nurses, Enrolled and Assistant Nurses.

Hours: 24 hours

Contact: Director of Nursing

Languages spoken: predominantly Italian residents

Shangri La Nursing Home

Phone: 02 9157 4333, 02 5979 6295 **Fax:** 02 9570 9333

107 Carrington ave, Hurstville NSW 2220

Email: merlene.don@shangrilanh.com.au

Service Description: aged, elderly, care, service, facility, nursing home.

Contact: Merlene Anderson (Director of Nursing)

Languages spoken: Chinese, Mandarin, Cantonese

Shangri-la Nursing Home

Phone: 02 9580 4333; 02 9579 6295 **Fax:** 02 9570 9333

107/109 Carrington Av, Hurstville NSW 2220

Email: menelene.don@shangrilanh.com.au

Service Description: 54 bed nursing home. Long term care, wheelchair accessible, physiotherapy, diversional therapy, podiatrist, hairdresser, optometrist, audiologist. Outings, red cross meetings, church services, aromatherapy and reflexology.

Hours: 24 hours

Contact: Director of Nursing

Languages spoken: Fijian, Indian, Tongan, Hindi, Greek, Burmese

Sir Thomas Mitchell Aged Care Facility

Phone: 02 9543 7333 **Fax:** 02 9543 7444

351 Fowler Rd, Illawong NSW 2234

Mail to: PO Box 4072, Illawong NSW 2234

Email: stmnh@tpg.com.au

Service Description: Catering for frail aged and residents with dementia (secure area).

Hours: Office hours Mon-Fri 9am-5pm

Fees: As per govt guidelines

Transport: Connex Southtrans Bus 692

Miranda/Sutherland Padstow

Disability Access (All on one level).

Parent Organisation: Sir Thomas Mitchell Aged Care Facility Pty Ltd

Southaven Nursing Home

Phone: 02 9773 8800 **Fax:** 02 9773 9680
11 Queensbury Rd, Padstow Heights NSW 2211
Mail to: PO Box 690, Riverwood NSW 2210
Email: southhavennursing@chomes.com.au
Web: www.chomes.com.au
Service Description: An 84 bed nursing home which is part of the Southaven Retirement Village complex.
Hours: 24 hours a day, 7 days a week.
Contact: Director of Nursing
Fees: As per government schedules.
Transport: One Tree Point bus from Bankstown.
Disability Access (fully accessible).
Eligibility: From 65 years.
Parent Organisation: Christadelphian Homes Ltd.

St Bede's Home

Phone: 02 9547 1055 **Fax:** 02 9546 7553
Catholic Healthcare Ltd, 2 Russell Lane, Sth Hurstville NSW 2221
Service Description: aged, care, facility, elderly, frail, bed, hostel
Contact: Mrs Elizabeth Hall
Parent Organisation: Catholic Healthcare Ltd

St George Aged Care Centre

Phone: 02 9587 7850 **Fax:** 02 9587 3874
3 Verdun St, Bexley NSW 2207
Email: stgnhome@bigpond.com
Service Description: General nursing home.
Hours: 24 hours
Contact: Other phone: 02 9587 7805
Fees: Contact for details
Transport: Close to trains (Kogarah station) and buses (route 455)
Disability Access (Parking, ramp, toilet).

St Vincent De Paul Bethlehem House

Phone: 02 9588 5824 **Fax:** 02 9587 9884
30 Montgomery St, Kogarah NSW 2217
Mail to: PO Box 741, Kogarah NSW 1485
Email: stephanie.murch@vinnies.org.au
Service Description: Bethlehem House is a home for the aged, consisting of 32 rooms for permanent residents and one respite room.
Hours: 7am-9pm (24 hour staff on the site)
Contact: Hostel Manager
Fees: As set down by the Department of Health and Ageing
Transport: Near trains and buses; hostel bus
Eligibility: From 65 years.

Stella Maris Aged Care

Phone: 02 8522 1200
6 Coast Ave, Cronulla NSW 2230
Web:
www.catholichealthcare.com.au/Stella_Maris_Aged_Care.htm
Service Description: Catholic Health Care Services Ltd aged care facility. Hostel and nursing home.
Fees: As set by the Dept of Health & Ageing
Transport: Local Bus Co; Rail line to Cronulla

Disability Access.

Eligibility: ACAT assessment
Parent Organisation: Trustees of the Sisters of Mercy Parramatta

The Bay Nursing Home

Phone: 02 9546 7522 **Fax:** 02 9546 6025
394 Princes Hwy, Blakehurst NSW 2221
Web: www.chomes.com.au
Service Description: Diversional therapy, physiotherapy, podiatry and hair dressing and 24 hour nursing and aged care.
Hours: 24 hours
Eligibility: ACAT approval
Parent Organisation: Christadelphian Aged Care

The Benevolent Society - The Bexley Centre

Phone: 02 9567 1219 **Fax:** 02 9556 1382
28 Harrow Rd, Bexley NSW 2207
Email: lilyl@bensoc.org.au
Web:
www.bensoc.org.au/director/whatwedo/findaservice.cfm?item_id=F4181D2EDA4FF400B5523776E4225EB B
Service Description: The Bexley Centre provides aged care facilities. The Margaret Lim U Hostel at The Bexley Centre has 59 rooms (with 3 rooms reserved for respite care) and Kirby Court has 24 rooms (with 2 rooms reserved for respite care) and specialises in caring for people with dementia who need considerable day to day support. It is a secure unit. Rockdale Centenary Village has 26 bedsit units.
Hours: Mon-Fri 9am-4.30pm (office hours)
Contact: Manager
Fees: Set by the Government
Disability Access (Ramp).
Eligibility: ACCR (Aged Care Client Record)
Alternative Names: Kirby Court, Margaret Lim U Hostel
Parent Organisation: The Benevolent Society

United Protestant Ass of NSW The Laurels Hostel

Phone: 02 9588 1522 **Fax:** 02 9588 1522
45 English St, Kogarah NSW 2217
Service Description: Aged care hostel; 27 beds
Hours: 24hrs per day; 7 days per week
Contact: Mrs J Tella Mururi
Eligibility: ACAT Assessment
Parent Organisation: UPA of NSW Ltd
Parent Organisation: Hardi Group of Aged Care

Wade Lyn Nursing Home

Phone: 02 9579 6711 **Fax:** 02 9579 5495
53-59 Gloucester Rd, Hurstville NSW 2220
Contact: Mrs Patricia Read

Westmead Hospital - Nursing Home and Hostel Information and Liaison Officers

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Yallambi Centre for Aged Care

Phone: 02 9871 7104 **Fax:** 02 9873 2277
266 Pennant Hills Rd, Carlingford NSW 2118

Email: yallambi@bcs.org.au

Web: www.bcs.org.au

Service Description: Aged care facility with 58 hostel beds and 2 respite care beds, 53 nursing home beds and one respite bed..

Hours: Mon-Fri 8am-4:30pm (Office)

Fees: Contact for details

Disability Access (Lifts, ramps).

Alternative Names: Formerly Yallambi Court Hostel, Yallambi Centre for Aged Care

Parent Organisation: Baptist Community Services

7. List of Retirement Villages located within the Sutherland Shire and St George Area

Retirement Villages (self care)

Sutherland Shire

Fatima Court

Phone: 9632 3144 **Fax:** 02 9892 1338

127 Caringbah Rd, Caringbah 2229

Mail to: Southern Cross Care, Barcom St, Merrylands 2160

Service Description: Self care units.

Contact: For enquiries regarding availability contact:

Merrylands Head Office phone 02 9632 3144

Transport: Caringbah units 10 mins from station, Sutherland hostel 5 mins from station

Disability Access: No

Eligibility: Must be pensionable age

Hellenic Village

Phone: 8543 2000 **Fax:** 02 9525 5044

29H Wandella Rd North, Miranda 2228

Email: hv@stbasilshomes.org.au

Web: www.stbasilshomes.org.au

Service Description: Hellenic Village comprises 40 independent living units (ILUs) and 100 ageing in place rooms, each with en suite. There is a secure dementia specific area.

Juliana Village

Phone: 9524 8409 **Fax:** 02 9525 3422

52-62 Miranda Rd, Miranda 2228

Email: julianav@bigpond.net.au

Service Description: Accommodation for senior citizens. 19 self-contained units in Juliana Village, 29 self-contained units at Logeman Court, 6 self-contained units in Bimbadeen Avenue, 39 hostel and 2 respite units in Juliana Village.

Contact: Janeene Lewis, Martina Zalm

Disability Access: Yes (Ramp, accessible toilet)

Eligibility: ACAT assessment for hostel units

Donald Robinson Village

Phone: 02 8539 7347 **Fax:** 02 8539 7360 81 Flora St, Kirrawee NSW 2232

Service Description: 1,2 and 3 bedroom units for independent living. Services include kiosk, hairdresser, podiatrist, pharmacy and supermarket deliveries. Facilities include chapel, meeting and computer room, transport village bus, lounge/library and men's workshop. 24-hour emergency call system in all units.

Frank Vickery Village

Phone: 9522 6000 **Fax:** 02 9522 5778

Bellingara Rd (Cnr Port Hacking Rd), Sylvania 2224

Email: fvickeryvillage@wesleymission.org.au

Web: www.wesleymission.org.au

Service Description: Affordable self-care accommodation. Included in the wide range of support services for older people is a 67 bed hostel (low care aged care facility, including 2 respite beds).

It is important that those interested in self-care accommodation, now or in the future, contact us, as there is a significant waiting list. A \$200 refundable deposit will secure a position on that waiting list. Applicants for a unit are required to submit a medical report from their doctor, and undertake an assessment interview with our Personal Care Supervisor to ensure their suitability for self-care accommodation.

As well as providing a range of flexicare services to any resident needing them, the Village is funded for, and administers 40 Community Aged Care Packages for the benefit of residents in self-care who need additional support services that can enable them to stay in their own unit for longer.

Hours: Office hours for enquiries 8:30am-4:30pm

Fees: Available (with information kit) on enquiry

Transport: Public bus service at entrance Hurstville/Miranda. Village Shopping buses Tues & Fri

Disability Access: Yes (Ramps, hearing loops, accessible toilet.)

Eligibility: Over 60 years of age, and not in full time employment. Assessed as suitable for self-care accommodation.

John Paul Village

Phone: 9520 2444 **Fax:** 02 9520 5252

15 The Avenue, Heathcote 2233

Email: enquiries@johnpaulvillage.com.au

Web: www.johnpaulvillage.com.au

Service Description: Provides accommodation for the aged of a type appropriate to their physical requirements. Facilities: self-care units, hostel units and air-conditioned nursing home.

Hours: Mon-Fri 9am-5pm (office hours)

Disability Access: Yes (Ramps, lifts, accessible toilets)

Eligibility: Over 55 yrs. Nursing home and hostel - needs basis and ACAT assessment

Lithuanian Village

Phone: 9520 3908

23 Laurina Ave, Engadine 2233

Service Description: Run by the Sydney Lithuanian Women's Social Service Association, which fosters the welfare of needy Lithuanians and maintains the Lithuanian Village (Home for the Aged).

Contact: Supervisor: Mrs Dobbs

Disability Access: No

Eligibility: Persons or spouses of persons of Lithuanian nationality

Mount St Vincent Village

Phone: 9523 5716 **Fax:** 02 9523 5716

6-16 Smarts Cres, Cronulla 2230

Service Description: Accommodation at moderate rental for aged in self-contained units (22 units).

Hours: Office hours Mon-Fri 9am-5pm

Eligibility: Residents must be suitable for self-care - no staff

Referral: Referral by St Vincent de Paul members, or existing residents, or word-of-mouth.

Orana Retirement Hostel

Phone: 9523 9072

2 Hill St, Cronulla 2230

Service Description: Resident funded, motel style serviced rooms with own bathrooms. Home cooked meals provided, heavy laundry is done for you. 10 single rooms and 1 double room. 24hr supervision.

Contact: The Supervisor

Disability Access: No

Our Lady of the Way Retirement Court

Phone: 9522 5412 **Fax:** 02 9522 5412

1-7 Adelaide Pl, Sylvania 2224

Mail to: C/O The Catholic Church, PO Box 105, Sylvania Southgate 2224

Service Description: 16 self-contained units for married couples and single people. All units are self-care.

Hours: Bus from Hurstville & Miranda

Contact: Rev Fr Robley 02 9522 0387, Pat 02 9522 4675, Noel 02 9522 5412

Eligibility: From 55 years.

Thomas Holt Memorial Village

Phone: 9545 4799 **Fax:** 02 9545 3957

1 Acacia Rd North, Sutherland 2232

Email: admin@thomasholtvillage.com.au

Service Description: Self care accommodation with one and two bedroom units. Residential Aged Care Accommodation both low care (Hostel) and high care (Nursing Home) on site. Charitable community organisation.

Hours: Office Hours Mon-Fri 9am-4pm

Contact: Administration Manager

Disability Access: Yes (Ramps, lift, accessible parking)

Waterbrook Lifestyle Resort

Phone: 9541 3000 **Fax:** 02 9524 1144

19 Wyralla Rd, Yowie Bay 2228

Email: info@waterbrook.com.au

Web: www.waterbrook.com.au

Service Description: Retirement village with state-of-the-art emergency call system in all apartments and recreational areas.

Woolooware Shores

Phone: 9421 5333

2 Alexander Ave, Taren Point 2229

Web: www.wooloowareshores.com.au

Service Description: Anglican retirement village. Resort style apartments with 24hr emergency call system. Village manager, grounds maintenance staff, home support service options and village bus. Goodhew Gardens, a 119 bed Residential Aged Care assisted living facility, is also located onsite (see separate entry).

Disability Access: Yes

Retirement Villages (self care) St George Area

Arana Crest Lifestyle Resort

Phone: 02 9543 4048

20-26 Arana Cl, Bangor NSW 2234

Service Description: Accommodation for over 55s.

Banks Lodge

Phone: 02 9534 6655

26 Bridgeview Rd, Beverly Hills NSW 2209

Email: fionee.brooks@unitingcare.org.au

Web: ads.nsw.uca.org.au/services_listing/hostel.htm

Service Description: Nursing home and hostel. 78 beds.

Hours: Seven days a week 24 hours a day

Contact: Aged Care Services Manager

Parent Organisation: Uniting Care

Bayside Retirement Village

Phone: 02 9546 2897 **Fax:** 02 9547 3351

40 Bunyala St, Blakehurst NSW 2221

Service Description: The village contains 22 units strata plan, resident funded, weekly maintenance fee charged. Midday meal is available in dining room, bus for shopping and outings - most services are available. This village is connected with the Bay Nursing Home.

Contact: Manager

Beechwood Aged Care Facility

Phone: 02 9771 2737 **Fax:** 02 9772 1671

3-17 Albert St, Revesby NSW 2212

Email: manager@beechwoodagedcare.com.au

Web: www.conform.com.au

Service Description: Provide hostel and nursing home care for elderly clients. Also has a dementia specific unit caring for residents with dementia and

challenging behaviour. Arrange bus trips for residents. There are 3 diversional therapists and a mobility sister on the staff.

Hours: 24 hours, 7 days. Office 9am - 5pm.

Contact: Director of Nursing

Fees: As set by government. An accomodation bond applies for Hostel residents.

Transport: Bus from Bankstown and Revesby station.

Disability Access (parking, ramp, toilets).

Eligibility: Aged persons.

Languages spoken: Arabic, Chinese, Hindi, Italian, Spanish.

Parent Organisation: Conform Health Group Pty Ltd

Benevolent Society of NSW - Greenwood Cottage

Phone: 02 9556 2915 **Fax:** 02 9556 2233

Bexley Community Centre, 405 Bexley Rd, Bexley NSW 2207

Mail to: P.O Box 193, Bexley NSW 2207

Email: MariaP@bensoc.org.au

Web: www.bensoc.org.au

Service Description: day, care, centre, elderly, aged

Hours: 10:30am - 2:30pm at centre

Contact: Maria Pouloupoulos (Coordinator)

Fees: \$12.00 per day

Disability Access (Wheelchair accessible bus, ramp and disabled bathroom).

Languages spoken: Greek, Italian, English

Parent Organisation: Benelovent Society

Bexley Retirement Village

Phone: 02 9799 6177 **Fax:** 02 9797 6148

30-32 Ellerslie Rd, Bexley North NSW 2207

Web: www.aevum.com.au/bexley.htm

Service Description: Near buses, trains, shopping centres and health facilities. The village is comprised of 22 self-care residences, including 18 x one bedroom apartments and 4 x bedsitters.

Contact: Village Manager

Blakehurst Aged Care Centre

Phone: 02 9546 2159 **Fax:** 02 9547 2357

20-24 Cheddar St, Blakehurst NSW 2221

Email: bacs@simpsonhealthcare.com.au

Service Description: Private aged care centre owned and operated by Simpson Health Care. Comprises a 43 bed nursing home and a 40 bed hostel, which has been classified by the Commonwealth Department of Health and Aged Care as an 'Extra Services Facility' (higher than average fees); twenty 1 bedroom serviced apartments and fifteen 2 bedroom villas with garages. Apartments and villas are occupied on a 'life lease' basis and a weekly maintenance fee is charged. Physiotherapy is provided for nursing home residents and diversional therapy including regular bus outings is provided for all residents. 40 bed extra service hostel to open in October 2006.

Hours: 24 hours

Contact: Director of Nursing

Eligibility: No smoking policy in building or grounds

Colin Mcfadyen Village (Self Care)

Phone: 02 9547 1422 **Fax:** 02 9790 7644

47 Woniora Rd, Hurstville NSW 2220

Mail to: 41 Meredith Street, Bankstown NSW 2200

Web:

ageing.nsw.uca.org.au/___data/assets/file/4933/South_Eastern.pdf

Service Description: 28 self care units for the elderly who are in good health and mobile.

Glen Village

Phone: 02 9597 1276 **Fax:** 02 9597 1076

25 The Glen Rd, Bardwell Park NSW 2207

Service Description: Company Title self care retirement village for over 55's.

Contact: Karen McKirdy(Manager)

Fees: Yes

Greglea Retirement Village

Phone: 1800 026 388

192 Penshurst St, Penshurst NSW 2222

Email: retirementliving@australianunity.com.au

Web:

www.australianunity.com.au/au/retirementliving/greglea.a.asp

Service Description: 28 leasehold serviced apartments and 53 self-care strata-titled villas and units. Village facilities and services include swimming pool, community centre, library, outdoor barbeque area, social activities, dining room, and 24-hour emergency call.

Hours: Mon-Fri 9am-4pm (office hours)

Fees: Buy units (please call to enquire)

Disability Access (disabled facilities available).

Eligibility: From 55 years.

Jacinta Villa

Phone: 02 9789 1991

2 Laycock St, Bexley NSW 2207

Email: d_pasfield@hotmail.com

Service Description: accommodation, self, care, aged, elderly, facility, home, nursing, bed, hostel

Contact: Mr Des Pasfield

Phone: 02 9556 6900 **Fax:** 02 9567 5043

171 Wollongong Rd, Arncliffe NSW 2205

Service Description: aged, elderly, frail, nursing home, beds, care, service, low, high, facility, respite

Contact: Sister Kathy Hons

Languages spoken: Mandarin, Cantonese

Macquarie Lodge Aged Care Services

Phone: 02 9556 6900 **Fax:** 02 9567 5043

171 Wollongong Rd, Arncliffe NSW 2205

Service Description: Self care units for 89 residents. Assisted living (hostel) for 49 residents. Nursing and personal care for 65 residents.

Macquarie Lodge Aged Care plus The Salvation Army

Phone: 02 9556 6900 **Fax:** 02 9567 5043
171 Wollongong Rd, Arncliffe NSW 2205
Service Description: aged, elderly, frail, nursing home, beds, care, service, low, high, facility, respite
Contact: Sister Kathy Hons
Languages spoken: Mandarin, Cantonese

Mayflower Retirement Village - Bruce Sharpe Lodge

Phone: 02 9597 2013
110 Frederick St, Rockdale NSW 2216
Email: bsharpe@ol.com.au
Web: ageing.nsw.uca.org.au/
Service Description: Self care and hostel. 52 places.
Hours: Seven days a week 24 hours a day
Parent Organisation: Uniting Care

Nulgara Self Care Units

Phone: 02 9790 7977 **Fax:** 02 9790 7644
12C Oatley Pde, Oatley NSW 2223
Mail to: Suite 5, 41 Meredith St, Bankstown NSW 2200
Email: sue.lord@unitingagedcare.org.au
Web: www.unitingagedcare.org.au
Service Description: A Uniting Church aged care facility consisting of 10 x 2 bedroom units and 6 x 1 bedroom. Constructed in 1982, it is close to public transport.
Eligibility: No longer working fulltime. From 55 years.
Parent Organisation: Uniting Care Ageing South Eastern Region

Nunyarra Aged Care Facility

Phone: 02 9533 0500 **Fax:** 02 9533 0588
8-12 Neilson Ave, Peakhurst NSW 2210
Email: alldritt@grpaco.org.au
Service Description: Aged care facilities, self care villages, aged care hostels and nursing home.
Contact: Facility Manager
Alternative Names: Georges River Presbytery Aged Care
Parent Organisation: Uniting Care Ageing South Eastern Region

Peakhurst Retirement Village - Illawarra Retirement Trust

Phone: 02 9408 8011 **Fax:** 02 9584 1399
24 Turpentine Ave, Peakhurst NSW 2210
Email: peakhurst@irt.org.au
Service Description: aged care, elderly, frail, nursing home accommodation, bed, low service, facility, respite care
Contact: Mrs Margaret Gerkens

Peakhurst Retirement Village

Phone: 02 9533 4089 **Fax:** 02 9533 4068
18 Henry Lawson Drive, Peakhurst NSW 2210
Email: peakhurstlodge@hotmail.com
Service Description: 110 beds facility. Services provided include low care, 24 hr nursing care, secure dementia section, diversional therapy, podiatry, physiotherapy, aromatherapy, , access to other alternative and allied health professionals by arrangement.
Hours: Mon-Fri 8.30am-4pm (office hours); 9am-8pm (visiting time)
Contact: Director of Nursing
Languages spoken: Cantonese, Tagalog, Portuguese

Parent Organisation:

Southaven Retirement Village and Hostel

Phone: 02 9772 1675 (Hostel) **Fax:** 02 9792 2890
11 Queensbury Rd, Padstow Heights NSW 2211
Mail to: PO Box 690, Riverwood NSW 2210
Email: southhavenhostel@chomes.com.au
Web: www.chomes.com.au
Service Description: Retirement village consisting of a 54 room hostel with rooms for single people or married couples, and an 84 bed nursing home. Respite care is available in the hostel or nursing home for up to 6 weeks to give carers a break.
Hours: Office 9am - 5pm
Contact: Kim Howard
Disability Access.
Eligibility: From 65 years.
Alternative Names: Southaven Hostel
Parent Organisation: Christadelphian Homes

The Vasey Housing Association NSW

Phone: 02 9299 3951 **Fax:** 02 9262 5610
Level 6, 283 George St, Sydney NSW 2000
Mail to: PO Box 3640, Sydney NSW 2001
Email: vaseynsw@bigpond.net.au
Web: www.vaseyhousing.com.au
Service Description: Not-for-profit organisation that provides independent retirement accommodation for single people over 55 years of age. Retirement Villages are located in Epping, Hunters Hill, Lane Cove, Maroubra and Waitara. Each village has a separate record in this database.
Hours: Mon-Fri 9am-5pm (Office)
Contact: Resident Co-ordinator
Fees: Contact for details
Transport: Each village is close to public transport
Eligibility: Residents must be able to live independently. From 55 years.

Low Cost Accommodation

Department of Housing (NSW)

Phone: 9526 4700

Level 2, 14-16 Central Rd, Miranda 2228

Web: www.housing.nsw.gov.au

Service Description: Public housing and rent assistance in the Sutherland Shire.

Temporary Accommodation (through Rentstart)

Emergency Temporary Accommodation.

Hours: Mon, Tue, Thu, Fri 8:30am-4:30pm, Wed 1-4:30pm

Contact: General enquiries 1800 629 212. To report a maintenance issue 131 571.

Disability Access: Yes (Lift)

St George Community Housing

Phone: 9585 1499 **Fax:** 02 9585 1564

Level 3, 8 Crofts Avenue, Hurstville 2220

Mail to: PO Box 348, Hurstville 1481

Email: email@stgeorgecommunityhousing.org.au

Web: www.sgch.com.au

Service Description: St. George Community Housing established in 1985 is a not-for-profit government funded housing provider providing secure, appropriate & affordable community-based rental housing in Sydney for people in housing need & on low and moderate income.

Hours: Mon to Fri 9am to 5pm

Fees: none

Disability Access: Yes (Accessible toilet, ramp, parking)

Eligibility: Eligibility for public housing and need-based assessment required.

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